# Erotic Conditioning: Playing Between the Ears

By Jim Duvall

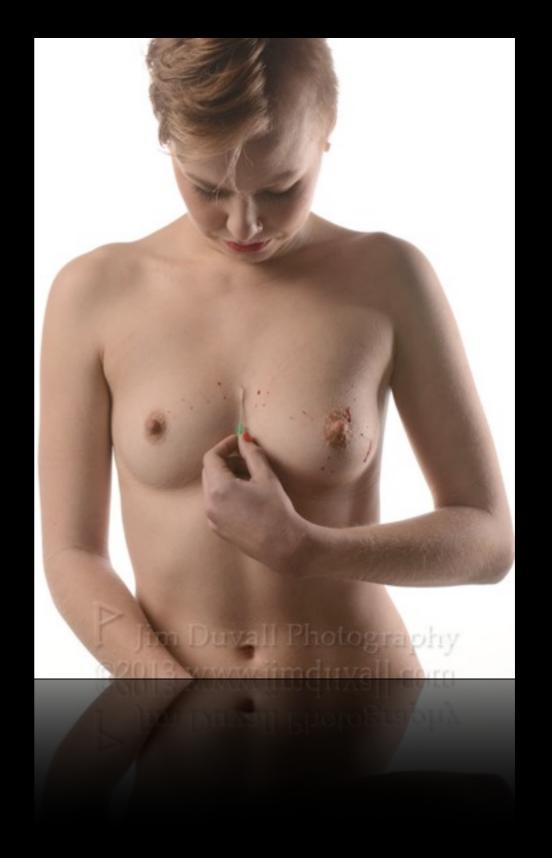


- National Coalition for Sexual Freedom
- The advocacy organization for US
- ncsfreedom.org

## Why The Mind?

Largest Sex Organ

Where our kink starts



#### The Parts

Conscious Mind Subconscious Mind



#### Ethics

- Permanent or Semi Permanent Changes
- Do No Harm
- Dependence
- Informed Consent

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## Accessing the Mind

Role Play
Telling a Story
Conditioning



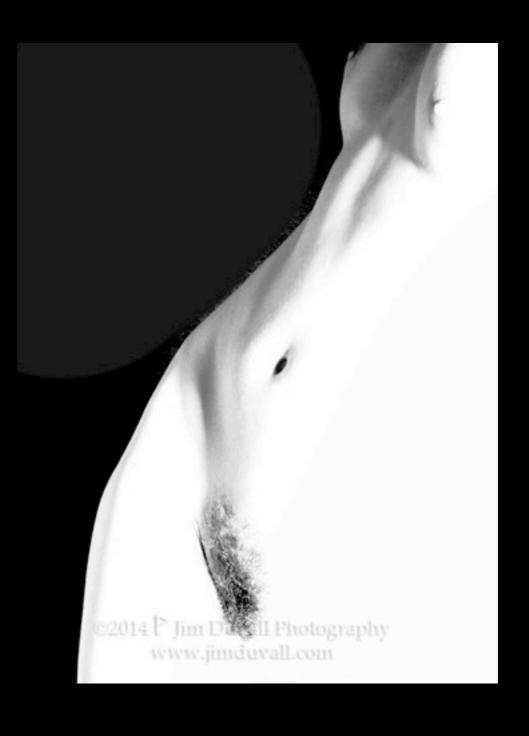
### Conditioning

#### Operant Conditioning

- Pavlovian Conditioning anchoring
- Positive Reinforcement Adding a favorable Stimulus
- Negative Reinforcement, removing a negative stimulus.
- Positive Punishment is adding a negative stimulus
- Negative Punishment is removing a positive stimulus

## Speaking to the Subconscious

Avoid Negatives
Double Binds
Using Arousal

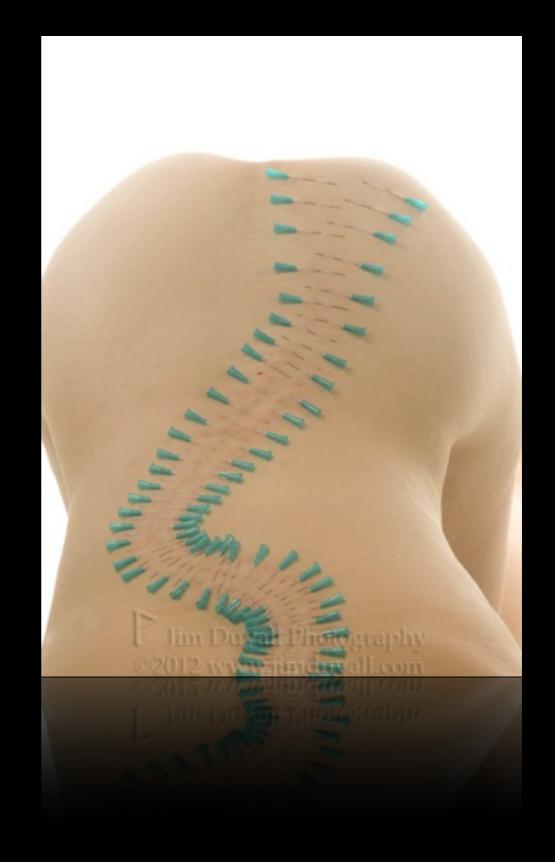


#### Caveats

- Unintended Consequences
- Misinterpretations
- Do Not Diagnose
- Know when to use professoinals

## Use a Professional?

Is it play?
When your bias will interfere



### Anchoring

- Find a way to reliably get a response to a stimulus(I)
- Introduce a second stimulus(2)
- Slowly decrease stimulus(1) keep stimulus(2) constant
- Remove stimulus(I) completely

### Transferring

- Introduce stimulus(2) and add in stimulus(3)
- Slowly decrease stimulus(2)
- Keep stimulus(3) constant
- Remove stimulus(2)

## What To Use??

Voice commands
Physical objects
Physical stimuli
Scents



### Ethics Recap!!

- Permanent or Semi Permanent Changes
- Do No Harm
- Dependence
- Informed Consent

#### Stalk Me

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